For emergency help, CALL
911
or 515-294-4428
(ISU Police Non-Emergency Number)

Contact police immediately. When officers arrive, their most immediate concern is providing medical attention to those in need.

**Signs of Alcohol Overdose**

If you see ANY of these signs, seek help immediately.

- Passed out
- Slow or irregular breathing
- Cold or clammy skin
- Blueish or pale discoloration
- Chills
- Excessive vomiting or vomiting while passed out
- Seizures

#1 Turn person onto side.

#2 Stay with person until help arrives.

CycloneHealth.org/Prevention

#saferstate

Images developed by the University of Massachusetts Dartmouth Department of Health Services.

For more information, call Iowa State University, Thielen Student Health Center, Prevention Services at 515-294-1868 or prevention@iastate.edu.